

Health-e LIVING Calallen ISD March 2020

NATIONAL SCHOOL BREAKFAST WEEK MARCH 2 – 6

Monday

Mini Blueberry Pancakes
~~~~~  
2  
BBQ Roasted Chicken  
Salisbury Steak  
Mashed Potatoes/Gravy  
Seasoned Corn  
Whole Grain Roll  
Chilled Fruit Cocktail

Pig-in-a-Blanket  
~~~~~  
9
Chicken Nuggets
Steak Fingers
Mashed Potatoes/ Gravy
Carrot Coins
Buttermilk Biscuit
Chilled Peaches

16
SPRING BREAK
MARCH 16 - 20

Breakfast Pizza
~~~~~  
23  
Chicken Tenders  
Mini Corn Dog  
Scalloped Potatoes  
Steamed Broccoli  
Whole Grain Roll  
Chilled Pears

Mini Cinnamon French Toast  
~~~~~  
30
Popcorn Chicken
Steak Burger
Mashed Potatoes/Gravy
Seasoned Corn
Whole Grain Roll
Rosey Pears

Tuesday

Breakfast Pizza
~~~~~  
3  
Tangerine Chicken/Noodles  
Corn Dog  
Steamed Broccoli  
Mixed Vegetables  
Egg Roll/Fortune Cookie  
Chilled Peaches

Donut Holes  
~~~~~  
10
Chicken Alfredo
Hot Pocket
Tossed Salad / Dressing
Green Beans
Cheesy Garlic Bread Stick
Fruited Jello



Cinnamon Oatmeal/Toast
~~~~~  
24  
Spaghetti w/ Meat Sauce  
Hot Ham Cheese Sandwich  
Tossed Salad / Dressing  
Mixed Vegetables  
Cheesy Garlic Bread Stick  
Strawberries & Peaches

Pancake Sausage Bites  
~~~~~  
31
Sub Sandwich / Chips
Frito Pie
Sweet Tater Tots
Fresh Veggies/Dip
Fruited Jello

Wednesday

Ham Egg Cheese Taco
~~~~~  
4  
Pepperoni Pizza  
Cheesy Chicken Burger  
Burger Salad  
Baby Carrots/Dip  
Strawberries Cup

Eggs/Toast/Hash Brown  
~~~~~  
11
Pepperoni Pizza
Pulled Pork on Bun / Chip
Baked Beans
Broccoli & Cheese
Chilled Pineapple

18
SPRING BREAK!

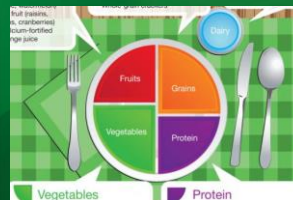
Smoked Sausage Egg Taco
~~~~~  
25  
Pepperoni Pizza  
Chicken Baked Potato  
Baby Carrots/Dip  
Seasoned Corn  
Whole Grain Roll  
Chocolate Banana Pudding



## Thursday

Pancake Wrap  
~~~~~  
5
Beef Nachos w/ Cheese
Beef & Bean Burrito
Spanish Rice
Pinto Beans
Salad
Fruited Jello

French Toast Sticks
~~~~~  
12  
Beef Enchiladas  
Chicken Fajita Taco  
Spanish Rice  
Refried Beans  
Salad  
Rosey Applesauce



Mini Maple Blurst 'N Pancakes  
~~~~~  
26
Crispy Beef Tacos
Sausage Wrap
Spanish Rice
Pinto Beans
Salad w/ Cheese
Orange Smiles

Friday

Sausage Biscuit
~~~~~  
6  
Hamburger  
Cheesy Fish Burger  
Tater Tots  
Burger Salad  
Chilled Pears

Cinni Mini  
~~~~~  
13
Cheese Burger
Fish Nuggets
Curly Seasoned Fries
Macaroni & Cheese
Burger Salad
Chilled Pears

20
SPRING BREAK!

Honey Bun
~~~~~  
27  
Cheese Burger  
Cheese Stuffed Sticks/Dip  
Oven French Fries  
Burger Salad  
Chilled Fruit Cocktail



## In Season Brussels Sprouts

Brussels sprouts are a good source of fiber, manganese, potassium, choline, and B vitamins.

You can steam brussels sprouts and toss them with olive oil, parmesan cheese and butter for a delicious treat!



## Food Service Department Announcements

361-242-5906

<http://www.calallen.healtheliving.net>



Join Us  
MARCH 2-6  
SCHOOL BREAKFAST  
A GALAXY WORTH VISITING!

NOW AVAILABLE on Tuesday/Thursday  
Paw Pak (Pre-Packed Meal)

Protein - Turkey/Ham/Cheese  
Vegetable - Carrots/Cucumbers/Dip  
Fruit - Fresh Apple/Orange/Grapes  
Grain- Package WG Cracker  
Dairy - Choice of Milk

Join us for lunch, visitor \$ 3.75



## Meal Prices

### Breakfast

\$1.75

100% Juice/Fresh Fruits/Veggies  
Assorted Cereal  
Yogurt  
Milk Variety

### Lunch

PK-5<sup>th</sup> - \$2.50

6<sup>th</sup>-12<sup>th</sup> - \$2.75

Fresh Fruits/Vegetables  
Milk Variety

Menu subject to change due to availability.

This institution is an equal opportunity provider.