

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.



## Monday

Cinni Minni  
~~~~~  
1  
Chicken Tenders  
Corn Dog  
Scalloped Potatoes  
Mixed Vegetables  
Whole Grain Roll  
Apple Wedges

Breakfast Bites  
~~~~~  
8  
Popcorn Chicken  
Steak Fingers  
Mashed Potatoes/ Gravy  
Carrot Coins  
Whole Grain Biscuit  
Apple & Orange Wedges

Assorted Muffins  
~~~~~  
15  
Oven BBQ Chicken  
Corn Dog  
Mashed Potatoes/Gravy  
Broccoli & Cheese  
Whole Grain Roll  
Rosey Applesauce

22  


29  
Student Holiday  
Staff Development

## Tuesday

Pancake Sandwich  
~~~~~  
2  
Asian Chicken w/Rice  
Ham/Cheese on Bun  
Steamed Broccoli  
Peas & Carrots  
Egg Roll/Fortune Cookie  
Rosey Pears

Pig-in-a-Blanket  
~~~~~  
9  
Chicken Alfredo  
Steak Burger  
Tossed Salad / Dressing  
Steamed Broccoli  
Garlic Bread Stick  
Chilled Peaches

Pancake Wrap  
~~~~~  
16  
Pulled Pork on Bun  
Hot Dog  
Baked Beans  
Seasoned Corn  
Pickles / Onions  
Chilled Peaches

23  
*Thankful* 


Pancake Wrap  
~~~~~  
30  
Chicken Nuggets  
Steak Burger  
Mashed Potatoes/Gravy  
Steamed Broccoli  
Whole Grain Roll  
Chilled Fruit Cocktail

## Wednesday

Breakfast on a Bun  
~~~~~  
3  
Pepperoni Pizza  
Cheesy Grilled Chick Burger  
Baby Carrots/Dip  
Green Beans  
Banana Pudding

Sausage Egg Cheese Taco  
~~~~~  
10  
Big Daddy Pepperoni Pizza  
Baked Potato w/Pulled Pork  
Fresh Veggies/Dip  
Seasoned Corn  
Whole Grain Roll  
Fruited Jello

Ham Egg Cheese Taco  
~~~~~  
17  
Pepperoni Pizza  
Chicken Burger  
Baby Carrots/ Dip  
Mixed Vegetables  
Whole Grain Roll  
Grapes

24  




## Thursday

Honey Bun  
~~~~~  
4  
Frito Pie  
Sausage Wrap  
Refried Beans & Rice  
Cheese Cup  
Tossed Salad  
Orange Wedges

Mini Pancakes  
~~~~~  
11  
Tamales  
Chicken Fajita Taco  
Spanish Rice  
Pinto Beans  
Salad w/ Cheese  
Fresh Fruit Cup

Pop Tart  
~~~~~  
18  
Turkey & Gravy w/Dressing  
Steak Fingers  
Mashed Potatoes/Gravy  
Green Beans  
Whole Grain Roll  
Apple Crisp

25  
**HAPPY THANKSGIVING**  





## Friday

Sausage Cheese Biscuit  
~~~~~  
5  
Cheese Burger  
Fish Nuggets  
Macaroni & Cheese  
Oven French Fries  
Burger Salad  
Rosey Applesauce

Breakfast Pizza  
~~~~~  
12  
Cheese Burger  
Chicken Burger  
Tater Tots  
Burger Salad  
Chilled Pineapple

Chicken Biscuit  
~~~~~  
19  
Cheese Burger  
Cheesy Fish Burger  
Oven French Fries  
Burger Salad  
Chilled Pears

26  




## Food Service Department Announcements

361-242-5906



<http://www.calallen.healtheliving.net>

### Make Your Choice

**C O U N T**

Take at least 3 of the five food components  
One of your choices must be 1/2 cup Fruit or 1/4 cup Vegetable for the meal to be reimbursable.

- 1. Fruits**  
Choose fresh, frozen, canned, or dried.
- 2. Veggies**  
Choose cooked with gravy, dressing, meat, beans and legumes and starchy.
- 3. Grains**  
Choose whole-grain foods when possible.
- 4. Meats**  
Meat Alternatives  
Beef, chicken, turkey, fish, yogurt or cheese.
- 5. Milk**  
Full-fat or 2% milk (1% milk, skim milk, or lactose and other sweetened milk are not allowed). All other milks and milk alternatives are not reimbursed.

## Meal Prices

*free*

Student

Breakfast and Lunch  
Until June 30, 2022